



Erica Portell,
Golden Swans Teacher
Photo by Brandon Snider

It is nothing short of a miracle to watch the people in class literally transform in front of my eyes.

As seniors age, remaining active is important in maintaining health and independence. Thanks to a grant from our Services for the Elderly iFund program, Oklahoma City seniors and individuals with Parkinson's disease can maintain their agility through free classes from the Oklahoma City Ballet. Designed specifically for seniors, the Golden Swans program helps participants maintain independence and improve their ability to perform everyday tasks.