

GROWING *Philanthropy* 

Turning Healthy Choices Into Child's Play

The Oklahoma City Community Foundation is taking action to create a healthier community. Our Wellness Initiative supports projects that encourage healthy lifestyle choices like Rainbow Fleet's Healthy Bodies, Healthy Minds program. Thanks to a Wellness Initiative grant, child care providers in low-income areas of Oklahoma City are learning how to teach healthy behaviors to the children in their care.

"Child care providers participating in the program are serving more fruits and vegetables, and physical activity has become a larger part of the children's daily routines," said Rainbow Fleet executive director Carrie Williams.

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numbers to live by
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